

What makes a good friend?

Draw a picture of yourself being a good friend.

A large, empty rectangular box with a thin black border, intended for drawing a picture of oneself being a good friend.

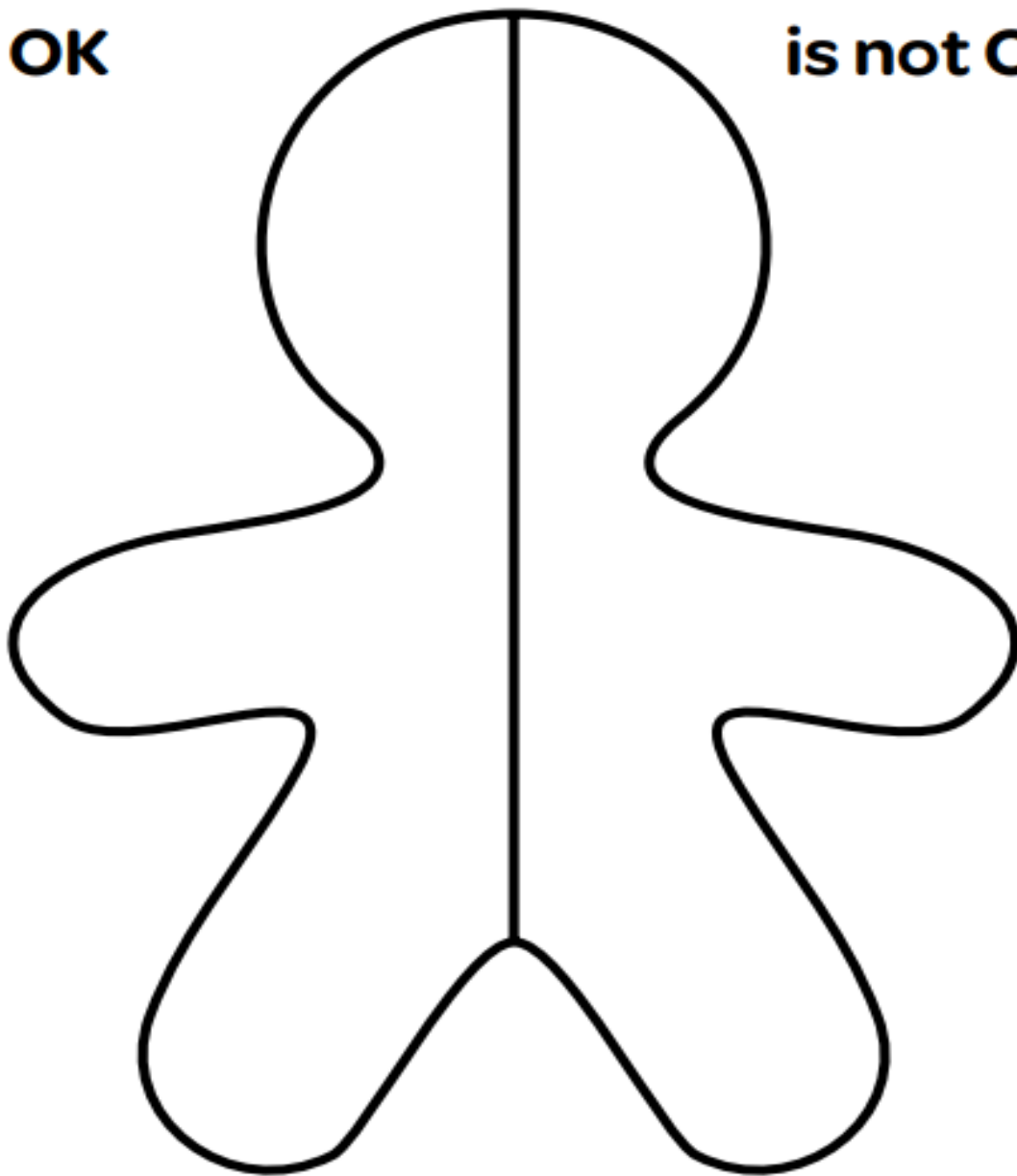
Complete the gingerbread man below - what signs might you see if someone is NOT ok, compared to someone who is?

Gingerbread Outline



**Someone who
is OK**

**Someone who
is not OK**



"I'm not OK" worksheet



Circle what you would do if your friend was not OK.



Make fun of them



Ask them to play games with you



Run away



Tell a teacher



Listen to them



Ask them to sit with you



Tell a parent



Tell them you care about them



Use your quiet voice



Talk to them somewhere really noisy



Feelings Chart



A Y-chart identifies what something:

- Looks like
- Feels like
- Sounds like

Use the chart below to record what you think not feeling OK looks, sounds and feels like.

| | |
|---------------------|--------------------|
| Looks like: | |
| Sounds like: | Feels like: |

